

# How To Locate a Certified MLD Therapist or Clinic

## GAY LEE'S LINKS & RESOURCE LIST SERIES

### IMPORTANT INFORMATION:

**WARNING:** If you have any acute physical condition, infection, fever, pain, swelling or redness of the skin, you should seek immediate urgent medical care, as complications of **lymphedema** and related conditions are frequent, highly dangerous, and may be life threatening within hours.

**NOTE:** Gay Lee cannot certify that any particular therapist is properly trained, currently certified, or uses the recognized CDT / MLD Vodder methods properly and effectively. You must verify this for yourself by asking questions, and comparing notes with others. However, both the [Dr Vodder School International](#) trained therapists and [NAVALT](#) only list therapists who comply with the appropriate international training standards and possess proven competency in Dr. Vodder MLD.

Use links below to seek MLD Therapists (Certified Manual Lymph Drainage practitioners). Please specify their training was in [the Dr Vodder method](#) of MLD, and the practitioner is fully and currently certified. In addition, many of the best trained practitioners possess a Certified Lymphedema Therapist certification (["CLT-LANA"](#)). Look for that certification.

**CLICK ON -or- CUT AND PASTE THE URLS BELOW**

<b>Dr Vodder School International (DVSI):</b>	<a href="http://vodderschool.com">vodderschool.com</a>
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**First Choice For Listings** or [http://www.vodderschool.com/therapist\\_search.cfm](http://www.vodderschool.com/therapist_search.cfm)

On Home Page left side Menu Bar click on "Find a Therapist" or "Find an Esthetician"

→ Choose the Country, then scroll to choose the state

CA = California, etc. (Only currently certified are listed)

<b>North American Vodder Association of Lymphatic Therapy (NAVALT):</b>	<a href="http://navalt.org">navalt.org</a>
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On Home Page left Menu Bar click on "Therapist Directory"

→ Choose "*Click here*"

→ Select Therapist or Esthetician

Enter the name or location and click on "SEARCH". (Only current members are listed)

<b>Lymphology Association of North America (LANA):</b>	<a href="http://clt-lana.org">clt-lana.org</a>
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On Home Page left side Menu Bar click on "LANA Certified Therapists" at top

Use SEARCH BY pull-down arrows to choose STATE, ZIP, or NAME

→ Enter abbreviation, zip code or name in box to right of pulldown,

→ click SEARCH on right. (Only current LANA members are listed)

<b>National Lymphedema Network (NLN):</b>	<a href="http://lymphnet.org">lymphnet.org</a>
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Click on blue "For Patients" on top bar, (Only members are listed)

→ "Search For Treatment" or "Support Groups" on pull-down menu

→ Enter zip code or choose the state abbreviation and click Submit

<b>Lymphnotes:</b>	<a href="http://www.lymphnotes.com">www.lymphnotes.com</a>
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On Home Page top menu bar click on "Lymphedema Resources"

→ Click on **Lymphedema Professionals**, alpha listing of members who are licensed medical professionals who treat lymphedema. (Only members are listed)

→ Click on **Lymphedema Treatment**, alpha listing of member facilities that provide lymphedema treatment.

