

# Manual Lymph Drainage Lymphedema Clinic Update CE Course

12/8/4 CE Hours

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Gay Lee Gulbrandson is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCTMB) as a continuing education Approved Provider. Approved Provider # 451083-09. Florida Provider # 50-11392.



## Dear Clinic Director or Administrator,

Thank you for considering the **Lymphedema Clinic Update CE Course**. The class is available as a **12 Hour, 8 Hour, or 4 Hour** course, as appropriate to your requirements.

You probably have staff trained in Vodder method of MLD and related lymphedema treatment techniques. Even the best trained therapist needs refreshing from time to time. This class is an invigorating refresher and update of current MLD training standards, research, and understandings, with terrific motivational value, fresh insights, new resources, and refreshing to the therapists' MLD technique. Your support staff will also learn info they otherwise would not know about the considerations and applications of MLD.

A series of reference sheets ("**Topic Cards**") are available on my website for download, or viewable and printable from the complimentary **info** that accompanies a signed class contract. Participants will feel exceptionally well-prepared for the **Clinic Update** if they access these **Topic Cards** and review the contents (or take the 8 CE exam) before the class.

I have been teaching/practicing MLD since 1996. My multimedia curriculum is attractive, engaging, and has great value. Further information is found at [www.VodderMLD.com](http://www.VodderMLD.com).

Please call if you have any questions. I look forward to providing your staff with training and updates as soon as possible.

Sincerely,

*Gay Lee Gulbrandson*

CLT-LANA, NCTMB, NAVALT, CMT, AMTA

Dr. Vodder Basic Course Instructor

**"Live and Learn"**



## Consider these reasons for scheduling an MLD CE Clinic Update:

- *Update staff with current information on MLD research, technique, and specials*
- *Reviews MLD indications, contraindications, and relative contraindications for LE patients*
- *Reviews applications of MLD to non-lymphedema patients*
- *Fulfills required Continuing Education CE Hours for registered/licensed/certified staff*
- *Boosts staff cohesiveness and morale by gathering and learning together and promotes openness and spirit of inquiry among staff, generates fresh ideas*
- *Staff sense that management supports and recognizes value of promoting staff expertise*
- *Exposes support staff to subtlety and complexity of MLD/CDT, and inspires staff to renew commitment to quality*
- *Studies show 75% of CDT treatment failures are due to improper technique*
- *Update MLD strokes and sequence skills (which tend to degrade over time)*
- *Update resources and methods for staff to motivate discouraged patients*



Gay Lee Gulbrandson  
NCTMB, CLT-LANA, Certified Dr Vodder Instructor

# Lymphedema / Manual Lymph Drainage Clinic Update CE Course

**Gay Lee Gulbrandson, CLT-LANA, NCTMB, CMT**

A Class To Update & Refresh Clinic Staff

Gay Lee Gulbrandson is approved by the National Certification Board for Therapeutic Massage & Bodywork (NBTMB) as a continuing education Approved Provider. #451083-09 (Also Approved in FL).

**Attn: Clinic Director or Manager,**

## The Case For Update Training:

**12/8/4.0 CE Hours**

### ¶ SHOULD I USE SCARCE RESOURCES FOR IN-SERVICE, TAKING STAFF AWAY FROM PRODUCTIVE WORK?

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Update Skills                | <input checked="" type="checkbox"/> Encourage Learning                        |
| <input checked="" type="checkbox"/> Improve Patient Outcomes     | <input checked="" type="checkbox"/> Improve Patient Compliance & Satisfaction |
| <input checked="" type="checkbox"/> Recalibrate Staff Objectives | <input checked="" type="checkbox"/> Cover Needed CE Hours For Certified Staff |

### ¶ WHAT WILL BE COVERED IN THE CLINIC UPDATE CLASS?

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Treatment Best Practices Recommendations (medical standards of effective treatments) | <input checked="" type="checkbox"/> Review MLD Sequences                        |
| <input checked="" type="checkbox"/> Review LE Treatment Statistics   | <input checked="" type="checkbox"/> Review Dr Vodder Strokes                    |
| <input checked="" type="checkbox"/> Review Basic MLD Principles  | <input checked="" type="checkbox"/> Review Science of LE Treatment              |
| <input checked="" type="checkbox"/> Review Physiology of LE  | <input checked="" type="checkbox"/> Extensive Practice Strokes and Hands Checks |
| <input checked="" type="checkbox"/> Review Sample Case Studies   | <input checked="" type="checkbox"/> Resources Presentation                      |
| <input checked="" type="checkbox"/> Open Question & Answer Session   |   |

### ¶ WHAT WILL **NOT** BE COVERED IN THE CLINIC UPDATE CLASS ...

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> No Medicare & Insurance Billing  | <input checked="" type="checkbox"/> No Management & Administrative Concerns |
| <input checked="" type="checkbox"/> No Detailed Bandaging, Medication, Pumps, Exercises topics (except in Q & A) |   |

### ¶ CLASS IS TAILORED TO YOUR STAFF NEEDS ...

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Available Needs Assessment Before Class (management and staff as requested) | <input checked="" type="checkbox"/> Director may use surveys / evaluations |
| <input checked="" type="checkbox"/> Director chooses emphasis/focus   |  |

### ¶ CHOICE of CLASS LENGTH / CONTENTS...

- 12 Hour In-Service Class (12 CEs)
- 8 Hour In-Service Class (8 CEs)
- 4 Hour In-Service Class (4 CEs)



- All classes include a professional Participant Manual with resources, references, illustrations included.
- Sponsor receives a CD of useful printouts, home study forms, and high-value display posters, etc.
- Participants receive a Certificate of Completion with CE Hours through my NCBTMB Approved Provider #.

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